

Lunch with Nurse Steve:



"Take 2 Jokes and Call Me in the Morning"

Thursday, October 11, Noon

Nurse Steve's talk will be "a discussion (and scientific evidence) on the importance of humor in healing and health."

"Give a Gift of Life"

Thursday, November 8, Noon

Nurse Steve's talk will be "a discussion on being an organ donor."

"I Feel Faint"

Thursday, December 13, Noon

Nurse Steve's talk will be "a discussion of conditions and treatment of dizziness, light-headedness and fainting"

Lunch: Reserve your meal (see monthly menu) a week in advance.
\$5.00 (Regular meal cost)

Nurse Steve's talk at 12:30 p.m. is free.



Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+

301-600-7020

9020 Amelung Street, Urbana, MD 21704

(located on the lower level of the Urbana Regional Library)

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